

TRAINING COURSES 2023/24

Basic Life Support

“Train your team”

The Course includes:

- The role of the rescuer
- Situational and environmental assessment
- How to act in an emergency
- Cardio-pulmonary-resuscitation (CPR)
- Dealing with an unconscious casualty
- The conscious casualty
- The recovery position
- Dealing with a choking casualty assessment
- * Practical Assessment of Skills:
 - Scene Assessment
 - Calls for help
 - Demonstrates effective CPR and rescue breaths
- Risk assessment of your existing emergency situation systems.
- AED Machine provided by the trainer.

Course Duration: 3 hours

Max No Attendees: 12 per session

Venepuncture

Aims to facilitate the knowledge and skills to obtain a venous and capillary sample. The Course includes:

- Relevant anatomy and physiology
- Infection, prevention and control
- Safe usage & disposal of needles
- Health & Safety

Duration 4 hours

Location: Health First Abram Office, 429 Warrington Road, Wigan WN2 5XB

Immunisation Training for Unregistered Staff

Day One: Virtual training via Teams

Day Two: Practical Training

Aims to facilitate the knowledge and skills required to provide immunisations and vaccinations as per the UK immunisation programme. The Course Includes:

- Consent
- Infection, Prevention & Control
- Relevant anatomy and physiology
- Safe IM injection Technique & disposal of equipment
- Legal requirements (e.g. PSD's and national protocols)

Duration: 1.5 days

Location: Health First Abram Office, 429 Warrington

Foundation Clinical Skills

This course aims to prepare individuals new to providing clinical services in Primary Care with the knowledge and skills to do so. The Course includes:

- Consent
- Infection Prevention & Control
- Blood pressure measurement including relevant anatomy and physiology.
- Urinalysis including indications and interpretations
- Performing ECG's including relevant anatomy and physiology
- Inhaler Technique

Course: Duration: 4 hours

Location: Health First Abram Office, 429 Warrington Road, Wigan WN2 5XB

Foundation Clinical Skills Training

DATES

This course aims to prepare individuals new to providing clinical services in Primary Care with the knowledge and skills to do so.

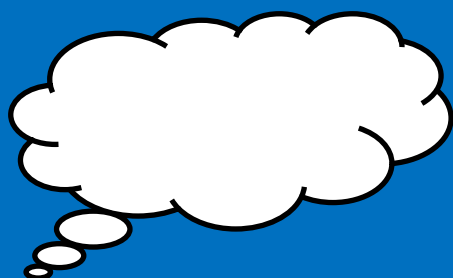
The Course includes:

- Fun and Interactive Session
- Consent
- Infection Prevention & Control
- Blood pressure measurement including relevant anatomy and physiology.
- Urinalysis including indications and interpretations
- Performing ECG's including relevant anatomy and physiology
- Inhaler Technique

Course Duration: 4 hours

Location: Health First Abram Office, 429 Warrington Road, Wigan
WN2 5XB

Testimonials



To book a place or more information about these or any of our other courses please
contact: trainingacademy@healthfirst.co.uk

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Aims to facilitate the knowledge and skills required to provide immunisations and vaccinations as per the UK immunisation programme.

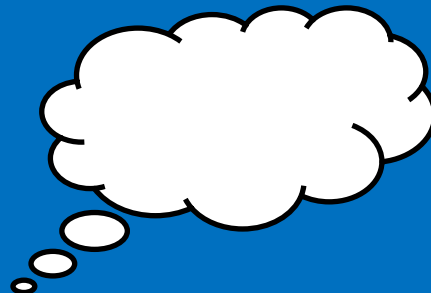
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Testimonials



If you would like any more information about these or any bespoke courses you may require please contact: trainingacademy@healthfirst.co.uk

Venepuncture Training

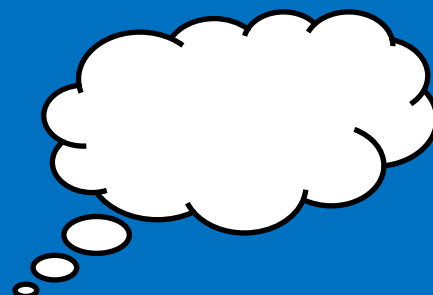
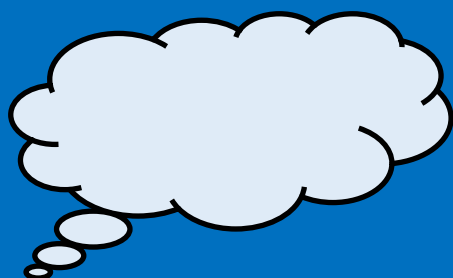
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Basic Life Support “Train your Team”

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The Course includes:

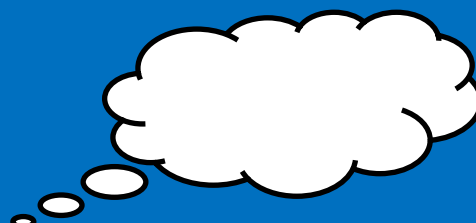
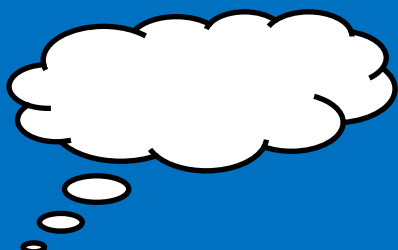
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Course Duration: 3 hours

Maximum Attendees per session: 12

Location: On site or Health First Training Office

Testimonials



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